

## Title of the activity: Brand yourself!

For who: 18+ Duration: 180 min

Number of players: 5+

Place : Outside Characteristic :

-Creative

- Fun

- Self-reflection

**Type of game :** Self-discovery & Stencils

**Educational interest:** 

- Awareness about personal traits, Develop selfreflection traits, be creative

## **Materials:**

- Pencils, rulers, paper-cutter, A4 paper, board paper, acryl spray, tape, t-shirts, gloves, masks...

**Goal:** To reflect about yourself and your surrounding. To be creative.

**Method:** 1. Explain to participants what a brand. Use example from daily life, such as Coca-Cola, BMW, M&M's, Superman logo etc.

- 2. Ask participants to explain what comes into their mind when looking at those logo's.
- 3. Ask participants to develop their own logo, by thinking about their traits and what would represent them on one drawing.
- 4. Explain about stencils method and that participants need to develop the stencil and spray it on their t-shirt.
- 5. Give participants enough time to work on their stencils.
- 6. Cut out stencils with paper-cutters.
- 7. Go outside and apply stencils to t-shirts by spraying them with spray.
- 8. Take time to reflect and conclude the activity by taking a picture with all participants and their nice and creative t-shirts.

Link or picture:



