

## Title of the activity : Tonti Tonti

**For who :** 15+  
**Duration :** 10+  
**Number of players :** 10+  
**Place :** Outside/Inside  
**Characteristic :**  
- Laughter  
- Fun  
- Concentration

**Type of game :** Warm-up  
**Educational interest :**  
- Can be used as a warmer or energizer, enables concentration by using rhythm, voice, and body.  
**Materials :**  
N/A

**Goal :** To concentrate by using simultaneously body, voice and creating a rhythm

**Method :**

1. There is always one Tonti Tonti, who takes the lead. This person can be the leader/facilitator.
2. Assign the group to form a circle and appoint numbers to each one by starting with tonti tonti, one one, two two, three three etc.
3. Demonstrate the rhythm, which is a 1,2, 3. 1 both palms on the knees, 2 clap your hands, 3 snap your fingers.
4. Explain that each participants needs to remember its number and the rhythm.
5. Tonti Tonti starts the rhythm and shouts a number, for example: Tonti tonti; three three. Nr. three must repeat its number and add another number from the circle and keep the 1,2,3 rhythm
6. A mistake means you are out of the circle. In case tonti is out, the person that shouted his/her name becomes the new tonti.
7. The game/rhythm continues until two person are left or after 5 rounds no clear winner in sight.

**Link or picture :**

