

## Title of the activity : Mouse and bird

**For who :** 6+

**Duration :** 10 mn

**Number of players :** min 4

**Place :** inside/outside

**Characteristic :**

- cheap
- without material
- transportable

**Type of game :** icebreaker

**Educational interest :**

- concentration, energy of group

**Materials :**

- nothing

**Goal :** participants are "energized", concentrate

**Method :...**

Participants sit in a circle. Lector launches an invisible mouse, which is running in a circle under the feet of participants - over and over again, gradually accelerating and changing direction. Participants lifted legs, after some time they jump into the air. Then, the mouse turns into a bird that flies in a circle above the heads of participants. They must always clap their hands behind his tail - with jump.

**Link or picture :**