

Title of the activity : 4 UP

For who : 15+
Duration : 10-30 min
Number of players : 10+
Place : Inside/Outside
Characteristic :
- Challenge
- Cooperation
- Fun

Type of game : Challenge
Educational interest :
- Stimulate cooperation, communication and solution seeking
Materials :
- A chair for each participant

Goal : Encourages participants to communicate and seek a system for solving the task

Method :

- The participants all sit in a circle.
- Explain that you are taking them to a strange planet with a very strange atmosphere. In this atmosphere they cannot speak, as sound does not travel. The planet also has a very weird gravity system. Only four people can stand up at once. It is also impossible to stand for more than ten seconds.
- The challenge for survival on this planet is for the group to keep four people standing up all of the time, for not more than ten seconds each. The group will need to cooperate using non-verbal communication.
- Explain that this activity has shown that they are able to co-operate with others without even talking... They have the skills, they just need to put things into action...

