

## Title of the activity : Are you pulling my legs ?

**For who :** 10+

**Duration :** 10+ min

**Number of players :** 8+

**Place :** Open – Closed spaces

**Characteristic :**

- Improve team collaboration
- Build-up team soul

**Type of game :** Team Building

**Educational interest :**

- Team motivation and collaboration

**Materials :**

- Circle sticks, tapes, a stopwatch

**Goal :** To finish the set as soon as possible by moving your legs together with your partner at the same time

### Method :

- 1. Place the circles as a line :** Place 10+ circles as a line adjacent to each other
- 2. Tie your legs with your partner's :** Tie your and your partner's leg together. Every individual should have 2 partner-one left and one right
- 3. Start the station and move your leg at the same time with your partner :** Starting from the first couple, everyone should step in and out of circles. Since everyone is binded to each other, the team which finishes first will be the winner.

Link or picture :

