

Title of the activity : Flying Rug

For who : 10+

Duration : 5 min/team

Number of players : 10+

Place : Open spaces

Characteristic :

-Improve team collaboration

-Enhance team coordination

-Keep the balance

Type of game : Team Building

Educational interest :

- Organization

-Collaboration

-Body Balance

Materials :

- Plastic Mugs, 2 bowls, Water

Goal : To finish the set as soon as possible by taking the water from one bowl by mugs and carrying them to another bowl by poring to another glass.

Method :

- 1. Get in a line and fill the bowl in front with water :** After filling one bowl with water, players should get in a line. Ever player should hold a mug to grab water and carry it till the bowl which is empty.
- 2. Take the water from the bowl and carry it back:** The player in the very front should start the game. He should fill his mug with water and pour it as in the image. After he pours all water in his mug, he goes to the very back of the line.
- 3. Repeat till Small Bowl Fills Fully :** Repeat the same move always till small bowl fills totally. The team who fills the small bowl first becomes the winner.

Link or picture :

