

Encaustic - Hot wax musical painting

For who : 15+
Duration : 45 min
Number of players : doesn't matter
Place : inside
Characteristic :
Creative
Self-fulfilment

Type of game : creative painting

Educational interest :

Learning to work with new instruments for hot wax painting, self-concentration, the mental hygiene

Materials :

Instruments for hot wax painting (Iron, stamps, pen, etc.), paper, classical music

Goal : self-concentration, prevention of burn-out syndrom in youth workers

Method :

1. Each participant will get paper, iron, stamp, pen and waxes in different colours. As we were talking about basic iron movements before, now it is time to try new techniques. We will shortly explain how to use those instruments and then we will play classical or relaxing music.
2. Participants should draw a picture about their work, their clients, problems occuring in young people or about youth work in general. After everybody finished it is good to know something about each picture.
3. Thanks this kind activity we can see evaluation of their work, their relationship with clients, work motivation. We can continue with discuss about work and the mental hygiene.
4. If you use with youth you can ask them the similar questions: what do you think about it ? Why do you use this kind relationship? And then you can recognise the true reason of their behaviour.

Music for encaustic :

- The choice of the music is absolutely up to you, it always depends on the goal of this activity – if it is just for relax or if it should be intentional (e.g. prevention of burn-out syndrom, self-concentration, etc.)

- Types of music :

- classical
- modern

- brass-band music
- folclor music
- children's music

For our workshop we choosed a classical music : B.Smetana – Má vlast, Vltava ; L.v.Beethoven – Für Elise ; A.L. Vivaldi – Four seasons

Link or picture :



