

## Title of the activity: Swimming pool activities

**For who:** 6+

**Duration:** 2 h or more

**Number of players:** 2+

**Place:** Inside/Outside

**Characteristic:**

- Fun
- Physical exercises

**Type:** water games, recreational activities

**Educational interest:**

- having fun offline, making some sport

**Materials:**

- Volley ball
- Frisbee
- Swimming glasses
- Foam balls

**Goal:** The purpose of these activities is to distress you, to have fun and to make some exercise, even if you don't know how to swim. So when you are going to the beach or to swimming pool you can take into consideration these activities.

**Method:**

1. Invite one or more friends to come with you at the pool.
2. Buy some of the suggested materials, or if you have more ideas.
3. The task is to have fun whether you know to swim or not.
4. So you can start play volley or with Frisbee, you can make dives with the swimming glasses and if you have a waterproof camera you can even make crazy, funny pictures. The foam balls are for throwing them from one to another and splash each other.

**Sounds like fun? Then what you are expecting to?**

**Links or photos:**