

Title of the activity : Secret friend

For who : 6+

Duration : 10 min and during action or training course

Number of players : 5 and more

Place : inside

Characteristic :

- easy and cheap
- activity during action

Type of game : activity during action, support empatic

Educational interest :

- teambulding
- empatic

Materials :

- nothing (it's depend of participants)

Goal : Teambulding

Method :

1. First day of action or training course we explain the activity and last day we evaluation it.
2. The activity Secret friend it's about relationship between participants. Each participant writes his/her name on the piece of paper. Pieces of paper we put to the box and mix it. Now each participant take one piece of paper (with another name then his/her name). Nobody other should see the piece of paper (excatly the name).
3. Now the aim of activity and participant too is – try to make pleasure for some participant which name he/she took from the box. So during action the participant should make a pleasure for other participant. The pleasure can be poem, present, flowers, or just pleasure (helping with things, ...). For gifts you can use some box which will be somewhere during the action/training course.
4. In the end of the action you make an evaluation activity and discover who is your secret friend ? All participants stand up in the circle, say to thank you his/her secret friend and hug him or her.

Link or picture :

