

Title of the activity : Body Song

For who : 8+
Duration : 10+ min
Number of players : 5+
Place : Open / Closed space
Characteristic :
- Improve listening skills
- Sharpen physical coordination
- Compose a song with a different method

Type of game : Energizer, fun
Educational interest :
- Concentration and creation
Materials :
- Large open space, a large number of attendans

Goal : To compose a song without using physical instruments

Method :

- 1. Team Up :** Get together with other team members and create a circle.
- 2. Task Assignment :** Assign a task for all participants. These tasks should include using a different art of the body to create noises
- 3. Act in Harmony :** To create something meaningful, pay attention that all team members are moving in harmony.
- 4. Sprinkle some extraordinary notes :** While using your legs, change it with your arms or with your mouth to sprinkle some different notes into the music.

Link or picture :

