

Title of the activity : Drawing Your Feelings

For who : 15+
Duration : 15 min
Number of players : 5+
Place : Inside
Characteristic :
- Creative
-Combining emotions and skills

Type of game : Introductory
Educational interest : None
Materials : Pencils and papers.

Goal :

- A chance to express feelings. To let participants know that everyone can draw and there is no right or wrong way

Method :

- Have participants divide paper in thirds.
- First section: draw a picture of something that scares you.
- Second section: draw a picture of something that gives you peace.
- Third section: draw a picture of something that bores you.
- Allow each to share and discuss his/her pictures.
- Allow the right to “pass.”

Link Or Picture :

