

Title of the activity : **Create Your Own Team Building Activity**

For who : 18+

Duration : 60 minutes

Number of players : 20-30 participants

Place : Outside/Inside

Characteristic : helps a group learn about how to work together, can also focus on group understanding of communication, leadership, problem solving, teamwork, trust, persistence, explain imagination ect.

Type of game : Teambuilding Activity

Educational interest :

- Leadership
- Cooperation
- Time management
- Team work

Materials :

- None

Goal : Involves small groups in designing and presenting a new group activity. A challenging exercise which requires all the elements of teamwork - communication, goal-setting, planning, cooperation, creativity, task orientation, etc.

Create Your own Team building Activity Instructions

1. Divide a larger group into smaller groups of 4 to 5
2. Give groups ~15-20 minutes to come up with a challenging small group activity.
3. The catch: The activity should be one that the group believes it can do better than any other group!
4. Then all groups come together and take turns to present their activity.
5. Groups earn points if:
 - No other group can beat them at their activity (+2)
 - Can do another group's activity (+1)
6. Be warned: This is harder than it sounds - requires all elements of team work including creativity, communication, trust, problem-solving, time management, etc.
7. To help groups succeed, the facilitator checks in with the progress during planning. Help with ideas or problem-solving strategies if the group is struggling.
8. Encourage creative out-of-the-box thinking e.g., singing, dancing, joke-telling, non-verbal, as well as physical or mental-type challenges.
9. Avoid using this activity to get out of designing an activity yourself!

Link or picture :

