

Title of the activity : Duct Tape Game

For who : 18+

Duration : 30-40 minutes

Number of players : 20 – 25 participants

Place : Outside/Inside

Characteristic : helps a group learn about how to work together, can also focus on group understanding of communication, leadership, problem solving, teamwork, trust, persistence, how to present themselves.

Type of game : Teambuilding Activity

Educational interest :

- Responsible
- Communicability
- Cooperation
- Time management

Materials :

- 10 rolls of heavy duty duct tape (depends on how many teams are playing- usually 3 per team)
- Bare walls or trees (be careful- the duct tape might damage the wall paint!)
- Chairs
- Timer or watch

Goal :

To tape your teammate on the wall and leave them hanging for one full minute.

Duct Tape Game Instructions

1. Split everyone into teams of 6 or 7 and evenly distribute the rolls of duct tape to each team.
2. Explain the game: Each team has five minutes to tape a teammate on the wall or tree. Afterwards, if the person is able to remain on the wall or tree without any help, the team wins.
3. Have each team select one person from their group to be taped on the wall or tree. Have the volunteers stand on a chair against the wall or tree. Start the game.
4. Time the groups for five minutes. Then, remove the chairs from the volunteers and see if they are able to remain on the wall or tree for a minute. If the person does, then his or her team wins the game.

Link or picture :

