



Title of the activity : **Encouragement Game**

For who : 16+

Duration : 15 - 20 minutes

Number of players : 20 – 30 persons

Characteristic : This game is a potential life changing game It works best for groups that know each other reasonably well.

Type of game : Team building activity

Educational interest :

- Cooperation
- Respect
- Attention
- Comunication
- Fun

Goal: The objective is get to know the participants with each other, and drawing through to see what impression others have of them

Encouragement Game Instructions

1. Sit in a circle and give everyone a piece of paper and pen.
2. Each person should write their name at the top of the piece of paper, then pass it to the person on their left. Each person then writes one or two (or more) positive characteristics about the person who's name is at the top of the paper.
3. After 30-60 seconds, everyone passes the pieces of paper around to their left again. This continues until everyone has written on everyone else's paper.
4. The final step is that everyone receives their piece of paper back again.
5. It works best if you collect them and hand them out one at a time, so everyone can see people's reaction seeing the positive comments about themselves. Depending on the make up of the group, one option is to have people read out their own list. As some commentators have pointed out below, it may be worth doing a quick check to ensure the comments are appropriate and positive.

Link or picture :

////

