

Title of the activity : Fruit Salad

For who : 10 +
Duration : 10-20 minutes
Number of players : 10 – 15 persons
Place : Outside/Inside
Characteristic : To help participants to be responsible, creative, concentrate, active, fun ect,

Type of game : Out door activity

Materials :
Chairs (one chair por person)

Goal :

Avoid being left in the middle of the circle.

Frit Salad game Instructions

1. Have everyone sit in a chair, arranged in a circle facing inwards. Select one person to be in the middle and remove his or her chair from the circle.
2. Explain the rules: The person in the middle needs to say something that applies to at least 2 people in the circle. For example, “Anyone who has a pet”, “Anyone who is wearing jeans”, “Anyone who has a brother or sister”, “Anyone wearing the color purple”. If the person’s statement applies to someone sitting in the circle, that person has to move from his or her seat and sit in a different chair. If the person says "Fruit Salad", then everyone needs to move to a different chair.
3. The person in the middle tries to sit down. There'll be one person left without a chair- this person will be the next person in the middle of the circle. The standing person starts a new round by saying a different statement.

Note: People cannot move to seats on their immediate left or right. For example, a person is allowed sit two seats away, but they cannot move to the left or right of their current chairs.

Link or picture :

